



**Do you experience  
excessive sleepiness  
while working  
night shifts?**

The SUSTAIN shift work disorder research study is looking for people who are\*:

**18-65**

Aged 18-65 years old



Currently experiencing symptoms of  
Shift Work Disorder (SWD) such as  
excessive sleepiness and/or insomnia

Night shift workers with the following schedule:



Works at least 5 night shifts per month, with at  
least 3 shifts being consecutive, each month



Night shifts must last at least 6 hours between  
10:00PM and 8:00AM, but no longer than 12 hours

*\*Additional eligibility criteria apply*

If you think that you or someone you know may be eligible, contact us at the information below:

Blank area for contact information.